

# YOGA & PILATES







#### **6mm PTE YOGA MAT**

Designed to provide a superior and comfortable base for yoga practice or any type of physical activity.

Ultra-lightweight construction.

Non-slip surface.

Cushioned for comfort.

Suitable for beginners or experts.

High-quality, flexible, and durable TPE.

Eco-friendly, odorless, and recyclable materials.

Material: 100% TPE (Thermoplastic Elastomer)

SKU: EVYT5W864 COLOR: Blue 61cm × 183cm × 6mm

SKU: EVYT5W866 COLOR: Lime COLOR: Pink





#### **CORK YOGA MAT**

Crafted with natural cork top and eco-friendly TPE bottom for a premium, sustainable yoga and exercise experience, ensuring stability and comfort in your workouts.

Discover the perfect balance of sustainability and performance with our premium Cork Yoga Mat.

Eco-friendly TPE material underneath, this mat offers an unparalleled blend of comfort, grip, and durability.

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SKU: EVYC4W160 TAMAÑO: 4 mm



#### **FITNESS MAT YOGA**

Designed to provide superior and comfortable foundation for any yoga practice.
Ultra-lightweight construction.
Durable, no-slip traction.
Cushioned for extra comfort.
Suitable for beginners or experts

SKU: EVYM302 COLOR: Blue Grey
SKU: EVYM303 COLOR: Blue Legion
SKU: EVYM304 COLOR: Lilac





#### 5mm PREMIUM YOGA MAT

NATURAL RUBBER BASE ALLOWS THE MAT TO STICK WELL ON THE FLOOR BY GIVING CONFIDENCE TO PERFORM DIFFICULT ASANAS DURING YOGA PRACTICE. PU TOP LAYER OFFERS AN EXCELLENT GRIP AND PLEASANT FEEL.

Body alignment lines help you to focus and adjust your hands and feet to the accurate position while doing. Yoga exercises.

Durable, strong and easy to clean. Superior water imbibition properties.

Covenient carrying string included.

183cm x 68cm x 5mm

SKU:EVRMOW501 COLOR:Black SKU:EVRMOW502 COLOR:Grey SKU:EVRMOW503 COLOR:Blue

**SKU:**EVRMOW505 **COLOR:**Purple SKU:EVRMOW506 COLOR:Pink













CARRY STRAP INCLUDED





#### TPE YOGA MAT

Superior and comfortable foundation for any yoga practice.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or expert.

Washable-just use soap and water.

Our unique TPE Foam naturally provides the extra traction needed to improve the user's stability.

Additional supportis provided by the specially designed patterns.

Which further enhance the gripunder dry or wet surfaces.

Our close-cell structure keepsthe mat from bottoming out and provideusers the support needed to prevent potential injuries caused by hard surface.

Provides comfort & support.

Stubio quality.

Lightweight and durable.

61cm x 183cm x 6mm

SKU: EVYMOTW86-BK COLOR: Black SKU: EVYMOTW86-BL COLOR: Blue

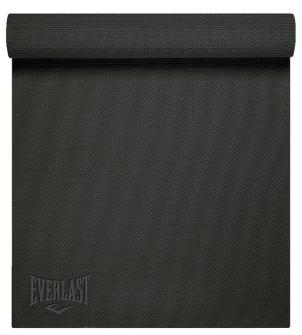
**SKU:** EVYMOTW86-PK **COLOR:** Pink

04" 70" 0.04"

24" x 72" x 0.24"

#### YOGA MATS









DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

Non-slip surface provides stability. Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water

61cm x 172cm x 6mm

SKU: EVYM661 COLOR: Black
SKU: EVYM662 COLOR: Grey
SKU: EVYM663 COLOR: Blue
SKU: EVYM664 COLOR: Pink
SKU: EVYM666 COLOR: Red
SKU: EVYM668 COLOR: Purple



#### **YOGA MAT**

#### 61cm x 172cm x 4mm

Designed to provide superior and comfortable foundation for any yoga practice.
Ultra-lightweight construction.
Durable, no-slip traction.
Cushioned for extra comfort.
Washable-just use soap and water.

SKU: EVYM045 COLOR: Pink





#### **3mm YOGA MAT**

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

Non-slip surface provides stability.

Cushioned for extra comfort.

Suitable for beginners or experts.

Washable - just use soap and water

61 cm x 172 cm x 3mm

SKU: EVYM020 COLOR: Black
SKU: EVYM021 COLOR: Charcoal
SKU: EVYM022 COLOR: Navy
SKU: EVYM023 COLOR: Blue
SKU: EVYM025 COLOR: Pink
SKU: EVYM027 COLOR: Red
SKU: EVYM028 COLOR: Fuchsia
SKU: EVYM029 COLOR: Purple













#### **5mm YOGA MAT**

Designed to provide a superior and comfortable base for any yoga practice.

Suitable for beginners or experts.

Padded for comfort.

Its non-slip surface provides stability.

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**SKU:** EVYM5000 **COLOR:** Blue, Lima, Rosa, Gris, Turquoise.



#### YOGA ACCESORIES





Use at three different heights for support.

Rounded edges for comfortyoga blocks are firm, strong and comfortable. They have beveled edges, so they can be packedand Stored easily. Yoga blocks align the body and help support the weight so various poses can be performed.

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SKU: EVYBK60M COLOR: Grey, Blue, Purple, Lila, Light Blue



#### **EVA YOGA BLOCK**

Use at three different heights for support.

Rounded edges for comfortyoga blocks are firm, strong and comfortable. They have beveled edges, so they can be packedand Stored easily. Yoga blocks align the body and help support the weight so various poses can be performed.

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SKU: EVYBK70L COLOR: Black, Purple, Grey, Pink





#### YOGA EVA BLOCKS

MADE OF LIGHTWEIGHT FOAM

Use at three different heights for support.

Rounded edges for comfortyoga blocks are firm, strong and comfortable. They have beveled edges, so they can be packedand Stored easily. Yoga blocks align the body and help support the weight so various poses can be performed.

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SKU: EVYBK596-AQ COLOR: Aqua
SKU: EVYBK596-PR COLOR: Purple
SKU: EVYBK596-BL COLOR: Blue
SKU: EVYBK596-LM COLOR: Lime
SKU: EVYBK596-RD COLOR: Pink
SKU: EVYBK596-OR COLOR: Orange
SKU: EVYBK596-MB COLOR: Morrocan-blue
SKU: EVYBK596-CL COLOR: Grey
SKU: EVYBK596-GY COLOR: Grey
SKU: EVYBK596-FU COLOR: Fucsia
SKU: EVYBK596-VI COLOR: Purple
SKU: EVYBK596-LI COLOR: Lilac
SKU: EVYBK596-PK COLOR: Pink
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#### **CORK YOGA BLOCKS**

Crafted with natural cork and eco-friendly TPE, sustainable yoga and exercise experience, ensuring stability and comfort in your workouts.

Made of natural, durable and solid cork.

Our cork block helps with balance, stability, posture alignment and stretching.

ENGINEERED FOR: STABILITY BALANCE FLEXIBILITY

SKU: EVYC4W605



#### PREMIUM YOGA BLOCKS

The stability and balance needed in your practice to help with optimal alignment, deeper poses and increased strength.

Hygienic moisture proof material Made with a recycled EVA inner core Maintains form through repeated use Textured outer surface exerts variable pressure on your muscles.

ENGINEERED FOR: STABILITY BALANCE FLEXIBILITY

SKU: EVYBP1W01 COLOR: Black



## **BANDS**









#### **PILATES BANDS**

Perfect for strength training, rehabilitation exercises. Helps develop strength, coordination and balance. Work the core abs.

SKU: EVLX4W830



















#### **PILATES RING**

Suitable for yoga and pilates exercises, can be used to burn belly fat and upper arms, internal and external thighs, abdominal muscles and pelvic muscles.

Tone and build muscle.

Get a full body workout that delivers results and elevates your fitness routine whether you are in a pilates class or your living room.

A fitness ring for training and physiotherapy in the home, gym, office and travel.

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SKU: EVPR9W380 COLOR: GREY







#### **PILATES / YOGA WHEEL**

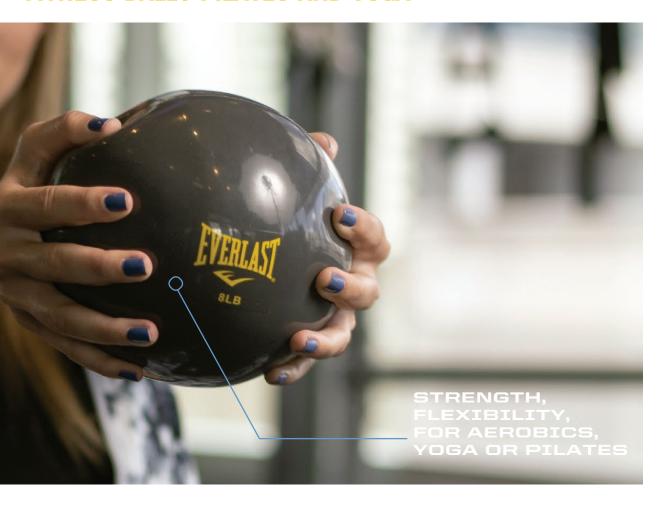
This versatile tool offers a safe and effective way to stretch your chest, shoulders, hip flexors, and abs while improving posture, spinal health, and mobility. It's perfect for exploring advanced poses and gaining confidence in backbends and inversions.



SKU: EVYW4W801

#### FITNESS BALL / PILATES AND YOGA









#### **FITNESS BALL**

STRENGTH, FLEXIBILITY, FOR AEROBICS, YOGA OR PILATES

Ideal For Core Workouts
Ideal For All Fitness Levels
Easy Grip Soft Vinyl Exterior
Develop Strength And Flexibility
Shape And Tone

SKU: EVFB1S05 COLOR: Pink (5lb)

SKU: EVFB1S08 COLOR: Grey (8lb)







#### MINI GYM BALL

CONVENIENT - These exercise balls for working out are quick to inflate/deflate for easy use. ANTI-SLIP The surface of each fitness ball is coated in a non-slip glaze to ensure you have a proper and safe grip when working out.

RECOMMENDED BY TRAINERS AND PHYSICAL THERAPISTS - A mini ball is a perfect tool to increase balance, core fitness, tone the inner thighs, and increase flexibility. STRENGTHEN YOUR CORE Strengthens key muscles in the abdomen, which improves endurance, posture and balance.

SKU: EVPB2W130 COLOR: Grey



#### PILATES AND YOGA BALLS





# EVERLAST

#### **ANTI-BURST GYM BALL**

Ideal for yoga, pilates, strength training, core training, stretching, toning and resistance exercises.

#### **Product features**

Helps improve balance, coordination and flexibility.

Ideal for core strength training, stretching, toning, resistance exercises.

Safe, durable and easy to use. Includes hand pump.

Use to strengthen and tone your hips, back, legs, and houlders without additional

Stress on the spine or hips.

SKU: EVYB3W255 COLOR: Purple 55cm SKU: EVYB3W065 COLOR: Grey 65cm SKU: EVYB3W175 COLOR: Blue 75cm





## **SUPERIOR BALL**

Deal for yoga exercises, pilates, basic training, stretching, toning and resistance.

Used to strengthen and tone your abdomen, hips, back and shoulders without stress.

Helps improve balance, coordination and flexibility.

Non-slip design, durable, easy to use and safe.

Includes manual pump to inflate.

100% pvc.

SKU: EVYB3W006 COLOR: Black









#### CINTA PARA YOGA DLX

Yoga strap that can be used in multiple poses.
Helps extend your reach by opening your shoulders and hips.
Maintains stretch in arms and legs.
Promotes intensity and improves form when performing the poses.
Increases flexibility and provides maximum comfort.

SKU: EVCS3W680 COLOR: Grey

#### **MAT CARRYING STRAP**

Adjustable loops for comfortable carrying of your mat. Compact storage.
Lightweight and durable.
Fits most standard mats.

SKU: EVYCOW880 COLOR: Gray





#### YOGA AND PILATES SOCKS

They are designed to accompany you in every pose with complete confidence. Made of soft, breathable polyester, they fit perfectly to the foot, providing freedom of movement and a lightweight feel.

Their ballerina-style design includes an elastic band on the instep for added support and a non-slip sole that prevents slipping, offering stability on any surface.

**SKU:** EVYS5W200

SIZE: SM / ML



# YOGA & PILATES

## PARA MAYOR INFORMACIÓN COMUNÍQUESE CON SU EJECUTIVO DE VENTAS

DEPORTES JIMMY CR S.A AN AUTHORIZED LICENSEE OF EVERLAST WORLDWIDE INC, Ofibodegas Capri, Bodega #20, de Multiplaza Escazú, 1 km al norte, contiguo al Colegio Blue Valley. Guachipelín. San José. Costa Rica

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