

# YOGA & PILATES



DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE.

North



# 5mm PREMIUM YOGA MAT

NATURAL RUBBER BASE ALLOWS THE MAT TO STICK WELL ON THE FLOOR BY GIVING CONFIDENCE TO PERFORM DIFFICULT ASANAS DURING YOGA PRACTICE. PU TOP LAYER OFFERS AN EXCELLENT GRIP AND PLEASANT FEEL.

Body alignment lines help you to focus and adjust your hands and feet to the accurate position while doing. Yoga exercises.

Durable, strong and easy to clean. Superior water imbibition properties.

Covenient carrying string included.

# SKU:EVRM0W502 COLOR:Grey SKU:EVRM0W503 COLOR:Blue

SKU:EVRMOW505 COLOR:Purple SKU:EVRMOW506 COLOR:Pink



EVERLAST





183cm x 68cm x 5mm





CARRY STRAP INCLUDED



# TPE YOGA MAT

# 24" x 72" x 0.24"

### 61cm x 183cm x 6mm

Superior and comfortable foundation for any yoga practice. Non-slip surface provides stability. Cushioned for extra comfort. Suitable for beginners or expert. Washable-just use soap and water. Our unique TPE Foam naturally provides the extra traction needed to improve the user's stability. Additional supportis provided by the specially designed patterns. Which further enhance the gripunder dry or wet surfaces. Our close-cell structure keepsthe mat from bottoming out and provideusers the support needed to prevent potential injuries caused by hard surface. Provides comfort & support. Stubio quality. Lightweight and durable.

SKU: EVYMOTW86-BK COLOR: Black SKU: EVYMOTW86-BL COLOR: Blue SKU: EVYMOTW86-PK COLOR: Pink





# 6MM PVC TWO TONE YOGA MAT

Designed to provide superior and comfortable foundation for any yoga practice. Non-slip surface provides stability. Cushioned for extra comfort.Suitable for beginners or experts.**61cm x 173cm x 6mm** 

SKU: EVYM62T2 COLOR: Purple







# YOGA MAT

#### 61cm x 172cm x 4mm

Designed to provide superior and comfortable foundation for any yoga practice. Ultra-lightweight construction. Durable, no-slip traction. Cushioned for extra comfort. Washable-just use soap and water.

SKU: EVYM045 COLOR: Pink

# **TPE YOGA MAT**

Superior and comfortable foundation for any yoga practice. Non-slip surface provides stability. Cushioned for extra comfort. Suitable for beginners or expert. Washable-just use soap and water. Our unique TPE Foam naturally provides the extra traction needed to improve the user's stability. Additional support is provided by the specially designed patterns. Which further enhance the gripunder dry or wet surfaces. Our close-cell structure keepsthe mat from bottoming out and provideusers the support needed to prevent potential injuries caused by hard surface. Provides comfort & support. Stubio quality. 24" x 72" x 0.24" Lightweight and durable. 61cm x 183cm x 4mm

SKU: EVYM1TW41-PK COLOR: Purple

YOGA MATS



# 6mm YOGA MAT

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE. Non-slip surface provides stability. Cushioned for extra comfort. Suitable for beginners or experts. Washable - just use soap and water

SKU: EVYM661COLOR: BlackSKU: EVYM662COLOR: GreySKU: EVYM663COLOR: BlueSKU: EVYM664COLOR: PinkSKU: EVYM666COLOR: RedSKU: EVYM668COLOR: Purple









# YOGA MAT

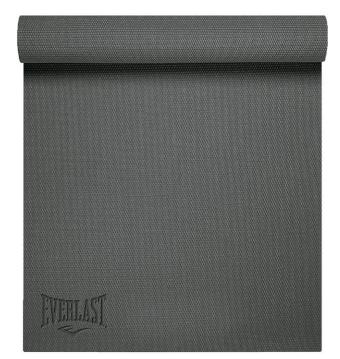
Designed to provide superior and comfortable. Foundation for any yoga practice. Ultra-lightweight construction. Durable, no-slip traction. Cushioned for extra comfort. Washable-just use soap and water.

61cm x 173cm x 4mm

EVERLAS

**SKU:** EVYM4000

YOGA MATS



# **3mm YOGA MAT**

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DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE. Non-slip surface provides stability. Cushioned for extra comfort. Suitable for beginners or experts. Washable - just use soap and water

EVERLAS

SKU:EVYM020COLOR:BlackSKU:EVYM021COLOR:CharcoalSKU:EVYM022COLOR:NavySKU:EVYM023COLOR:BlueSKU:EVYM025COLOR:PinkSKU:EVYM027COLOR:RedSKU:EVYM028COLOR:FuchsiaSKU:EVYM028COLOR:FuchsiaSKU:EVYM029COLOR:Purple











# 10mm SUPER GRIP FITNESS MAT DOUBLE CUSHION

DESIGNED TO PROVIDE SUPERIOR AND COMFORTABLE FOUNDATION FOR ANY YOGA PRACTICE. Non-slip surface provides stability. Cushioned for extra comfort. Suitable for beginners or experts. Washable - just use soap and water

EMBOSSED SWIRL

SKU: EVEM1S3-PK COLOR:Pink SKU: EVEM1S3-BL COLOR:Blue 58cm x 165cm x 10mm NON SLIP TEXTURIZED SURFACE



# 15mm NBR EXERCISE MAT DOUBLE CUSHION

The yoga pilates exercise nbr mat is an excellent mat. For people on the move, or for studios tight. On storage space. Non-slip surface provides stability. Cushioned for extra comfort. Suitable for beginners or experts. Washable - just use soap and water. \_\_\_\_\_ **SKU:** EVEM111 **COLOR:** Blue SKU: EVEM112 COLOR: Charcoal SKU: FVFM113 COLOR: Black





# **10mm HIGH DENSITY NBR EXERCISE MAT**

71" long 24" wide ensures comfort.

1/2" thick high-density foam protects wrists, knees, elbows, head, neck and ankles effectively.

Textured surface stabilizes your body and keeps you from slipping. Sweat resistant feature makes it easy to clean.

Eco- friendly NBR material is non-toxic and odorless, and it's durable for long lasting use

Portable and lightweight.

Carrying strap is included for easy transport and storage. Perfect for all types of yoga, pilates and other floor exercises.

61cm x 172cm x 10mm

SKU: EVEM010 COLOR: Black **SKU:** EVEM014 **COLOR:** Blue **SKU:** EVEM016 **COLOR:** Purple

# WORKOUT MAT





# ELITE WORKOUT MAT WITH EYELETS

Durable 6mm thick foam mat.Great for any floor exercise. Lightweight and easy to roll up.2 eyelets design allows easy storage. Easy to clean with a damp cloth. It can hold exercise equipment on its surface protecting floors from scratches. 177cm × 65cm × 6mm

**SKU:** EVGM7L200 **COLOR:** BLACK

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# EVA YOGA MARBLE BLOCK

Use at three different heights for support.

Rounded edges for comfortyoga blocks are firm, strong and comfortable. They have beveled edges, so they can be packed and Stored easily. Yoga blocks align the body and help support the weight so various poses can be performed.

SKU: EVYBK60M COLOR: GREY, BLUE, PURPLE, LILA, LIGHT BLUE

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# **EVA YOGA BLOCK**

Use at three different heights for support.

Rounded edges for comfortyoga blocks are firm, strong and comfortable. They have beveled edges, so they can be packed and Stored easily. Yoga blocks align the body and help support the weight so various poses can be performed.

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SKU: EVYBK70L COLOR: BLACK, PURPLE, PINK



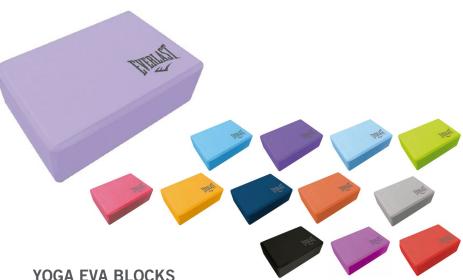
# PREMIUM YOGA BLOCKS

The stability and balance needed in your practice to help with optimal alignment, deeper poses and increased strength.

Hygienic moisture proof material Made with a recycled EVA inner core Maintains form through repeated use Textured outer surface exerts variable pressure on your muscles.

ENGINEERED FOR: STABILITY BALANCE FLEXIBILITY

SKU: EVYBP1W01 COLOR: BLACK SKU: EVYBP1W07 COLOR: PURPLE



# **YOGA EVA BLOCKS**

MADE OF LIGHTWEIGHT FOAM

Use at three different heights for support.

Rounded edges for comfortyoga blocks are firm, strong and comfortable. They have beveled edges, so they can be packed and Stored easily. Yoga blocks align the body and help support the weight so various poses can be performed.

SKU: EVYBK596-AQ COLOR: Aqua SKU: EVYBK596-PR COLOR: Purple SKU: EVYBK596-BL COLOR: Blue **SKU:** EVYBK596-LM **COLOR:** Lime **SKU:** EVYBK596-RD **COLOR:** Pink SKU: EVYBK596-OR COLOR: Orange SKU: EVYBK596-MB COLOR: Morrocan-blue SKU: EVYBK596-CL COLOR: Coral **SKU:** EVYBK596-GY **COLOR:** Grey SKU: EVYBK596-BK COLOR: Black SKU: EVYBK596-FU COLOR: Fucsia SKU: EVYBK596-VI COLOR: Purple SKU: EVYBK596- LI COLOR: Lilac SKU: EVYBK596- PK COLOR: Pink







# **PILATES BANDS**

Perfect for strength training, rehabilitation exercises. Helps develop strength, coordination and balance. Work the core abs. .....

**SKU:** EVLX4W830



BAND SET



# **PILATES RESISTANCE BANDS**

Lenghen major muscles. Target the upper and lower body. Work the core abdominals. Improve flexibility. Enhance joint mobility. Sculpt a strong, streamlined physique. 

#### SKU: EVLX5S83



Medium resistance Low resistance







# **PILATES RING**

Suitable for yoga and pilates exercises, can be used to burn belly fat and upper arms, internal and external thighs, abdominal muscles and pelvic muscles.

Tone and build muscle.

Get a full body workout that delivers results and elevates your fitness routine whether you are in a pilates class or your living room.

A fitness ring for training and physiotherapy in the home, gym, office and travel.

SKU: EVPR9W380 COLOR: GREY

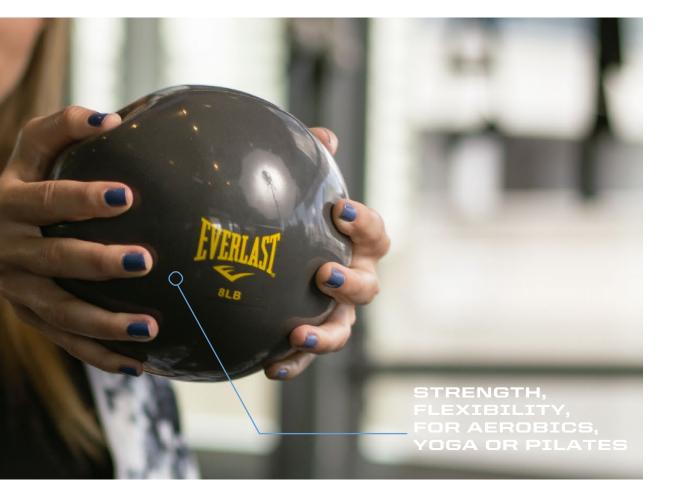
Non-slip handle, double-sided groove design







# FITNESS BALL / PILATES AND YOGA





# **FITNESS BALL**

STRENGTH, FLEXIBILITY, FOR AEROBICS, YOGA OR PILATES

Ideal For Core Workouts Ideal For All Fitness Levels Easy Grip Soft Vinyl Exterior Develop Strength And Flexibility Shape And Tone

SKU: EVFB1S05 COLOR: Pink (5lb)
SKU: EVFB1S08 COLOR: Grey (8lb)







# MINI GYM BALL

CONVENIENT - These exercise balls for working out are quick to inflate/deflate for easy use. ANTI-SLIP The surface of each fitness ball is coated in a non-slip glaze to ensure you have a proper and safe grip when working out.

RECOMMENDED BY TRAINERS AND PHYSICAL THERAPISTS - A mini ball is a perfect tool to increase balance, core fitness, tone the inner thighs, and increase flexibility. STRENGTHEN YOUR CORE Strengthens key muscles in the abdomen, which improves endurance, posture and balance.

SKU: EVPB2W130 COLOR: Grey



EVERLAST



# TOP PERFORMANCE STABILITY BALL

# **PRODUCT FEATURES**

# **EXTRA THICK & ANTI BURST**

This high density balance ball carry the stress of heavy loadas uo to 1100 lbs (500 KG). The stabiltyball will never burst if punctured and instead excess loads above this weight will cause the ball to deflate slowly to ensure your safety.

# **DURABLE & ANTI-SLIP**

The yoga ball made from profesional quality pvc materials that are nontoxic, free of bpa, latex, heavy methal and phathalate. Even with sweat, the fitness ball will not slip when plying, bouncing or squeezing.

# **VERSATILE USE**

Ideal for gyms and studio use, home excercise, yoga, pilates, pregnancy exercises, abdominal training and core strenght improving.



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SKU: EVYB1B006 COLOR: Black

INCLUDES DOUBLE ACTION INFLATING PUMP

# PILATES AND YOGA BALLS



# ANTI-BURST GYM BALL

IDEAL FOR YOGA, PILATES, STRENGTH TRAINING, CORE TRAINING, STRETCHING, TONING AND RESISTANCE EXERCISES. USE TO STRENGTHEN AND TONE YOUR HIPS, BACK, LEGS, AND HOULDERS WITHOUT ADDITIONAL STRESS ON THE SPINE OR HIPS.

Product Features

Helps Improve Balance, Coordination And Flexibility. Ideal For Core Strength Training, Stretching, Toning, Resistance Exercises. Safe, Durable And Easy To Use. Includes Hand Pump.

| SKU: | EVYB7B255 | - | 55CM  | <b>COLOR:</b> | GRAY   |
|------|-----------|---|-------|---------------|--------|
| SKU: | EVYB6B065 | - | 65 CM | COLOR:        | PURPLE |
| SKU: | EVYB6B175 | - | 75CM  | COLOR:        | BLUE   |





# MAT CARRYING STRAP

Adjustable loops for comfortable carrying of your mat. Compact storage. Lightweight and durable. Fits most standard mats.

SKU: EVYCOW880 COLOR: GRAY



# YOGA MAT BAG

Carry your yoga mat. Easily and comfortably with the yoga mat bag.

SKU: EVYMB001 COLOR: BLACK



# CINTA PARA YOGA DLX

Yoga strap that can be used in multiple poses. Helps extend your reach by opening your shoulders and hips. Maintains stretch in arms and legs. Promotes intensity and improves form when performing the poses. Increases flexibility and provides maximum comfort.

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SKU: EVCS3W680 COLOR: GREY



# **YOGA / DANCING SHOES**

Light training shoes Provides support for all indoor sports practised barefoot. Ideal for yoga, pilates and dancing. Elastic foam material ball and heel with light non slippadding. Machine washable.

SKU: EVYS6S44 COLOR: CHARCOAL





# YOGA & PILATES

# PARA MAYOR INFORMACIÓN COMUNÍQUESE CON SU EJECUTIVO DE VENTAS

DEPORTES JIMMY CR S.A AN AUTHORIZED LICENSEE OF EVERLAST WORLDWIDE INC, Ofibodegas Capri, Bodega #20, de Multiplaza Escazú, 1 km al norte, contiguo al Colegio Blue Valley. Guachipelín. San José. Costa Rica

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